



Under Mary's mantle, and with the guidance of the Holy Trinity, Our Lady of the Blessed Sacrament seeks to share God's love by celebrating the sacraments, proclaiming the gospel, and serving the needs of all His children.

#### ANSWERING THE CALL: A NEW MENTAL HEALTH MINISTRY

In October 2023, the United States Conference of Catholic Bishops (USCCB) launched the National Catholic Mental Health Campaign—a year-long initiative to "raise greater awareness on this pressing issue," as introduced by Archbishop Borys Gudziak and Bishop Robert Barron. With compassion and courage, our bishops invited all Catholics to take part through three simple yet powerful components: **Prayer**, **Discussion**, and **Advocacy**.

Through **Prayer**, the faithful are encouraged to unite in a Novena for Mental Health awareness. **Discussion** invites clergy, ministers, and laypeople to engage in honest, faith-filled conversations about the many dimensions of mental health. **Advocacy** encourages Catholics to support bipartisan legislation to improve prevention and treatment resources for those living with mental health conditions.

Now, in this Jubilee Year of Hope, the campaign adds a fourth component—Healing and Hope—to encourage local engagement and accompaniment. This call has inspired us here at Our Lady of the Blessed Sacrament Parish to take meaningful steps toward building a Mental Health Ministry rooted in prayer, compassion, and community.

We are grateful that earlier this year, our 2025 parish Lenten Almsgiving Project raised \$10,000 in support of mental health initiatives throughout our Archdiocese. But our response didn't stop there. We have also incorporated regular prayer into parish life, lifting all who struggle with illness—including mental health conditions—to the Lord's mercy. Each day before Mass, we pray the **Divine Mercy Chaplet for Healing**, and every Wednesday at 3 p.m. during Adoration, we continue this powerful prayer for anyone carrying the cross of illness, suffering, or distress of mind and heart.

As part of our parish's observance of **Respect Life Month** and the **Month of the Holy Rosary**, many
of you joined in the **Mental Health Novena**, which
began on October 10—National Mental Health
Awareness Day—and concluded on October 18, the
Feast of St. Luke, the patron saint of healthcare,
called the "beloved physician" by St. Paul. St. Luke
reminds us that healing—of body, mind, and spirit—
is at the **heart of Christ's mission and the Church's care for her people**.

If you were unable to pray the novena during those dates, we encourage you to do so at any time. Printed and digital copies are available through the parish office and in our eNewsleeter. It's never too late to join your prayers with the Church's ongoing efforts to bring awareness, compassion, and Christ's healing love to those affected by mental health challenges.

To make this ministry more personal and prayerful, prayer boxes have been placed in our church vestibules. You are invited to write the first name(s) of anyone you would like to lift in prayer—yourself, a friend, a family member, a neighbor, or a coworker—who is on a mental health journey. These names will be remembered in our parish prayers as we seek God's healing presence together.

We are also excited to announce Our Lady of the Blessed Sacrament Parish's first **Grace Night of Prayer** on Sunday, October 26 at 6pm at St. Julian Eymard Church. Dedicated to all who struggle with mental health conditions and those walking beside them, this evening of prayer, reflection, and hope will mark the beginning of a ministry that strives to remind every person that they are seen, loved, and never alone.

If you feel called to be part of this ministry—or simply wish to learn more—we invite you to contact Mary Ellen Ottenstein [(847) 979-0901 x1007 or mottenstein@archchicago.org] in the parish office to be connected with our parish Mental Health Ministry coordinators.

Together, let us continue answering the bishops' call to pray, discuss, advocate, and bring healing and hope to those most in need of Christ's light.



#### THIS WEEK AT A GLANCE



#### **MASS INTENTIONS**

Monday 8:15am (SJE)	October 20 + Zbigniew Pawlowski, Eileen Showalter
Tuesday 8:15am (QR)	October 21
1:40pm (QR)	School Mass
<b>Wednesday</b> 8:15am (SJE)	October 22 + Dcn Jack Smith
<b>Thursday</b> 8:15am (QR)	October 23
Friday 8:15am (SJE)	October 24 + Tommy DeLorenzo
Saturday 8:15am (QR)	October 25 + Mr. & Mrs. Louis Cherney
5:00pm (SJE)	For the people of the parish
<b>Sunday</b> 8:00am (QR)	October 26 + Barbara Burke
9:15am (SJE)	+ John Michael & Donald Hennessy, + Renato Perez
10:30am (QR)	+ Lou Gennuso, + Robert Till, + Ed Keller, + Mary Ann Kapolnek, + Rose Wright, + Bud Pryur



#### **LITURGICAL MINISTERS**

#### October 25/26

Mass Time	Lector	Extraordinary Ministers
<b>5:00pm</b> Fr. Art	John Finn	Deacon Jerry Lynette Lee Nenita Lucero
8:00am	Lily Axberg	Ray Bauer Mary Duffy Elizabeth Luong
<b>9:15am</b> Fr. Art	Mary Jan Cimino	VickiLynn Gilman Vicky Lucki Virginia Vogt
10:30am	Chris Schiffer	Dan Schiffer Diane Ambrose Larry Zabinski

#### MINISTRY & EVENTS



7:45am 8:00am 8:45am 2-5:00pm	Mon-Sat: Morning Prayer (Tele or App) Mon-Sat: Divine Mercy Prior to Mass Mon-Sat: Rosary Follows Mass Tue-Fri: Teen Center Hours
Monday 9:00am 6:30pm 7:00pm	October 20 Cougar Cubs (QR School) Youth Ministry (Victory Centre) Parish Council (SJE Shea Hall) Mental Health (SJE Rm 2 or 11/12)
Tuesday 6:30pm 7:00pm	October 21 Alpha Pilot (SJE Shea Hall) Rosary (SJE)
Wednesday 8:15am 9:30am 3:00pm 7:00pm	October 22 Adoration begins with daily Mass (SJE) Bible Study (SJE Shea Hall) Divine Mercy Prayer (SJE) Reconciliation (SJE) Bell Choir Practice (QR) Bible Timeline (SJE Shea Hall) Rosary for Life (SJE) AA (SJE Ministry Center)
Thursday 7:30pm	October 23 Choir Practice (SJE)
Friday 5:00pm 7:30pm	October 24 Trunk or Treat (QR Parking Lot) AA/Al Anon (SJE Ministry Center)
Saturday 8:15am Noon 4:30pm	October 25 Adoration begins with daily Mass (QR) Reconciliation (QR) Women's Club Bake Sale (SJE)
Sunday All Masses 9:15am 6:00pm	October 26 Women's Club Bake Sale (QR/SJE) CLW (SJE) OCIA (Virtual)

#### **SICK RELATIVES AND FRIENDS**

Rosemary Beatty, Johnny Cogill, Marilyn Foss, Glenda Freeman, Eileen & Fran Gascon, Sandy Gran, Michael Grear, Victoria Grzesiakowski, Edward Lang, Amy Norbot, Randy Olsen, Vito Safina, John Schneider, William Seiwert, Thomas Smith, Mary Beth Tomaso, Jackie Vrtis, Marge Yackem, Ben's Sister

Please contact the parish office at (847) 979-0901 to continue to have sick relatives or friends included here.

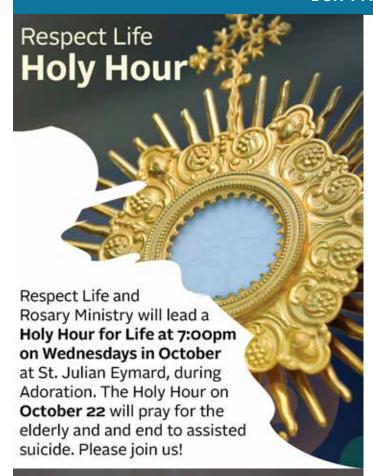
#### **GRANT UNTO THEM ETERNAL REST**

#### May God bless them and keep them...

Dennis Ceplecha, Barbara Weidig, Anthony Lanzarotta, Margaret Safina, Ruth Schaffer

Please pray for lives lost to violence and natural disasters.

#### DON'T MISS OUT!



## COMMEMORATION OF ALL SOULS Sunday, November 2nd All Sunday Masses

Please join us for a special Memorial Mass at Queen of the Rosary Church at 10:30am on All Souls Day to pray for all our family and friends who have gone to eternal rest during this past year.

Beginning Nov ember 1st, all are invited to bring a photo or memento of your loved one to place on our Remembrance Table in either Church.

## **Grace Night of Prayer**

Sunday, 6pm at St. Julian Eymard Church

Struggling with mental health, or walking alongside someone who is? Join us for a peaceful evening of prayer, reflection, and hope. Come as you are and experience God's grace and comfort.







Roll the dice for a night of fun with the Women's Club! \$5 cover, bring a friend!

Thursday, November 20th | 6:30pm

SJE Shea Hall



#### **FAMILY RESOURCES & EVENTS**

#### Gospel in Focus: October 26, 2025

Jesus teaches that the Lord hears the cries of humble sinners. "But the tax collector stood off at a distance and would not even raise his eyes to heaven but beat his breast and prayed, 'O God, be merciful to me a sinner." —Luke 18:13

#### **Discussion Questions**

Have you ever felt "convinced of your own righteousness"?

Tax collectors were often disliked, yet Jesus draws our attention to this man in today's Gospel as an example of humility—why do you think He did this?

Have you ever prayed the Litany of Humility? Consider praying it as a family this week.

52 Week Mass Guide for Families: olbsegv.org/prayer-life/#MassGuide



#### **CALLING ALL BAKERS!**

Signup online or in vestibule to bring a sweet treat for the Women's Club Fall Bake Sale on October 25/26.

Questions? Contact the Parish Office at (847) 979-0901.

## Youth Ministry RAKE 'n RUN

Saturday, October 25th Noon - to 3pm Meet at St. Julian Eymard Church

Calling all teens, grab your rakes and join the fun—let's make a difference at this year's Rake 'n Run!

Teens should bring gloves, rakes and water bottles.

Adult chaperones/ drivers with leaf blowers are welcome!

Signup here:

www.signupgenius.com/ go/904054DADAC2CA7F49-58989238-2025#/

Youth Ministry Fundraiser

### PANCAKE BREAKFAST

Sunday, November 9th 8am to Noon

Dine in or take out. **Free-Will Offering**. Proceeds will help defray costs incurred for Summer Mission Trip to CHWC.

Teens, scan code below to sign up!



#### PARISH SCHOOL—QUEEN OF THE ROSARY SCHOOL

It's only October, but what a ride—Movie Night, Bonfire, Cougar Classic, Mother-Daughter, Fall Fest! Enjoy these extra snaps from Fall Fest—and save the date for Friday's Community Trunk or Treat from 5–7pm! Bring family, friends, and neighbors for a spook-tacular night of faith and fun!



#### STEWARDSHIP REPORT

Your Stewardship Treasure returned to God for the support of our Parish ministries and His Church.

#### Thank you for your generosity.

Weekly Offertory Goal	\$10,000
Weekly Offertory October 12, 2025 (Sunday Attendance: 868)	\$8.626.00
School Support	\$265.00
Sharing Parish	\$430.00
2025 Annual Catholic Appeal Pledges ( <i>Projected Rebate</i> \$30,000)	\$91,540.00





SUNDAY, October 19 we will celebrate World Mission Sunday. We are all invited to support the Catholic Church's mission dioceses in Africa, Asia, the Pacific Islands, and parts of Latin America and Europe, where priests, religious and lay leaders serve the world's most vulnerable communities. Please keep the Pope's missions in your prayers and be generous in the collection for the Society for the Propagation of the Faith.

#### PARISH DIRECTORY

Our Lady of the Blessed Sacrament Parish Fr. Arthur Bautista, Pastor x1013; arbautista@archchicago.org

Fr. Paul Àdajà, Associate Pastor x1009; padaja@archchicago.org

Mr. Jerry Szostak, Permanent Deacon x1008; jszostak@archchicago.org

**Worship Sites** 

Queen of the Rosary Church (QR) 750 W. Elk Grove Blvd, Elk Grove Village

**St. Julian Eymard Church (SJE)**601 Biesterfield Road, Elk Grove Village *Office Hours*M/W 9am-5pm; Tu/Th 10am-6pm; F 9am-Noon

OLBSEGV.org | (847) 979-0901 | olbsegv@archchicago.org

School

**Queen of the Rosary School** 690 Elk Grove Blvd, Elk Grove Village

Mr. Ryan Andersen, Principal randersen@grcougars.org

QRSchool.org | (847) 437-3322

**Parish Staff** 

Matt Ellefson, Maintenance mellefson@qrcougars.org

Jennifer Frazzini, Operations Director jfrazzini@archchicago.org

Scott Kennelly, Maintenance x1005; sckennelly@archchicago.org

Mary McKenzie, Office Manager x1001; mmckenzie@archchicago.org

Christine Nagle, Lifelong Faith Formation Coordinator x1004; cnagle@archchicago.org

Mary Ellen Ottenstein, Communications x1007; mottenstein@archchicago.org

Paul Van Lysebettens (Mr. Van), Music Director & Youth Minister; x1006; pvanlysebettens@archchicago.org

#### **BONUS FEATURE: LOOKING AHEAD**





**January** is dedicated to the Holy Name of Jesus.

#### **BONUS FEATURE: MINISTRY SPOTLIGHT**



## Young Adult Ministry

If you're 18-39, find faith, friendship and fun through community events and spiritual growth!

Scan the code or contact the parish office to discover more. (847) 979-0901 or info@olbsegv.org.





## **Book Club**

Dive into engaging discussions on faithfilled and inspiring reads-let's share stories that uplift!

Scan the code or contact the parish office to discover more. (847) 979-0901 or info@olbsegv.org.





## **Grounds & Environment**

Help Our Lady of the Blessed Sacrament shine. Let's create an inviting, prayerful space—from the parking lot to the altar.

Scan the code or contact the parish office to discover more, (847) 979-0901 or info@olbsegv.org.





## Women's & Men's Groups

Build friendships and community with fellow parishioners. Come as you are and make it your own!

Scan the code or contact the parish office to discover more. (847) 979-0901 or info@olbsegv.org.



#### **BONUS FEATURE: MINISTRY SPOTLIGHT**



## **Care Ministry**

Bring Christ's presence through the Eucharist and compassionate visits to homebound parishioners.

Scan the code or contact the parish office to discover more. (847) 979-0901 or info@olbsegv.org.









Walk with grieving families, offering compassion and guidance while planning funeral liturgies.

Scan the code or contact the parish office to discover more. (847) 979-0901 or info@olbsegv.org.





## Journey of the Heart

Be a beacon of hope for the bereaved, helping them discover God's love through their grief.

Scan the code or contact the parish office to discover more. (847) 979-0901 or info@olbsegv.org.





## Respect Life

Pray, advocate and witness for the dignity of all human life, from conception to natural death.

Scan the code or contact the parish office to discover more. (847) 979-0901 or info@olbsegv.org.



#### **BONUS FEATURE: MINISTRY SPOTLIGHT**



Proclaim God's Word, distribute the Eucharist or assist at the altarserve with joy and purpose!

Scan the code or contact the parish office to discover more. (847) 979-0901 or info@olbsegv.org.









## **Prayer Shawl**

Knit, crochet and craft comforting shawls, blankets and more wrapping others in warmth and prayer!

Scan the code or contact the parish office to discover more. (847) 979-0901 or info@olbsegv.org.





Grow deeper in faith through Bible studies, Scripture discussions and more spiritual learning opportunities!

Scan the code or contact the parish office to discover more, (847) 979-0901 or info@olbsegv.org.





## God's Work, Our Hands

There's something for everyone! Don't see your calling? Let's talk and explore how we can invite others to Christ-together!

Scan the code or contact the parish office to discover more. (847) 979-0901 or info@olbsegv.org.



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