



EVERY SACRED FAMILY

A 52-Week Catholic Mass Discussion Guide Year C









Ablaze Families \times Every Sacred Sunday

Every Sacred Family

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Additional resources

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Any questions?

We're here to help! Email us at hello@everysacredsunday.com and we'll be glad to answer your question. Thanks!

Weekly discussion pages

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Welcome!

we're so glad you're here

One of the greatest joys and tasks God gives us as parents is the opportunity to share the love of Christ with our kids. We are their parents, and they trust us above all other people. Who else in our lives will absorb our words and actions like they will?

The goal of this guide is to provide a simple framework centered around the Mass for you to lead your family by example and catechize through conversation. We encourage you to read the Gospel together before Mass and use the discussion questions whenever works for your family – for example around the dinner table or in the car on the way to Mass. Print it out or keep it bookmarked on your phone. Store this guide in the car, your purse, or by the coffee maker – there is no wrong answer!

However you use this resource, our top tip is to commit to using it, even if that means starting small with a single question before or after Mass. We're praying for you and your family, that the Holy Spirit will lead you to fruitful conversations and a renewed love for God and one another!

In Him,

Ablaze Families and Every Sacred Sunday

before we dive in...

WHY A MASS DISCUSSION GUIDE?

The Church says that as parents, we are our child's "primary catechists", which means that it is primarily up to us to teach them about the faith. This calling is both exciting and terrifying! Not one of us has all the answers – not even close – but the thought that we are "cooperating" with God in bringing our children to heaven is an honor.

One of the best opportunities we have for bringing our children to Jesus is through the Mass! And although many of us struggle with bringing our kids to Mass, it is always a place for you to belong, and it is always a place where your kids belong. With this in mind and guided by the Holy Spirit, we are so excited to offer you this resource! Every Sacred Family: A 52 Week Catholic Mass Discussion Guide was intentionally created to help you talk with your kids about faith, because conversation is foundational to catechesis!

Developed by Every Sacred Sunday, creators of the ESS Mass journal, and Ablaze Families, a ministry dedicated to raising saints, this guide is designed to help you dive deeper into the Mass as a family, with a focus on fostering Christ-centered conversations. In the following pages, you'll find tips to prepare for Mass, how to engage children of different ages at Mass, conversation starters for after Mass, and a full liturgical year's worth of discussion questions for each Sunday. Each question was thoughtfully written by Ablaze Families and reviewed by a Catholic theologian. We saw the need for a Mass discussion guide in our own families and hope that this resource helps your family grow closer to Christ – one Sunday at a time!

introducing

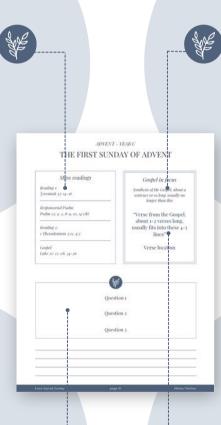
THE WEEKLY DISCUSSION PAGES

MASS READINGS

Reflecting on the readings before Mass primes our hearts to hear the Word proclaimed. If preparing for Mass is new for you, start with the Gospel reading! You can find the full readings in your Bible, on the USCCB website, or in an Every Sacred Sunday Mass journal.

FAMILY DISCUSSION

This is the meat of the weekly page! These questions were curated by Catholic parents and a theologian to spark conversation and authentic connection. Read on in the "Prepare" section for more tips on using these questions!



GOSPEL SYNOPSIS

If you didn't have time or forgot what was in the pre-reading (we get it!) the synopsis is the perfect reminder to jog your memory. You can then confidently dive into the discussion questions, for example in the car on the way to Mass.

MEMORY VERSE

Words we repeat influence who we are! Memorizing or repeating a Bible verse throughout the week is a wonderful practice for both adults and kids. Put this page on your fridge for reference throughout the week, or discuss it as a family.

3 SIMPLE STEPS

FOR MASS-CENTERED FAMILY CATECHESIS



Before Mass: Prepare



During Mass: Engage



After Mass: Continue

Preparing for Mass as a family is the first step! In this guide, we'll show you how to integrate Mass preparation with activities you already do with your family. You can start small, even just in the car on the way to Mass, trusting God can multiply any effort for His glory. Read more on pages 8-9 for details on preparing for Mass as a family, logistical tips to set you up for success, and a prayer for parents before Mass.

The most important hour of the week is Mass! Your Mass experience won't look the same with kids as it was without - and that's okay! Our kids learn what is important by watching what is important to us. Model engagement during Mass by singing, following along with the readings (a Mass journal can be a useful resource for notes). and participating fully. Your child might need help engaging, and we've provided age-appropriate ideas on pages 10-11.

Immediately after Mass is a wonderful opportunity to continue the conversation with your family! If you didn't have time to use the discussion guide before Mass, the car ride home can be a great time to revisit this guide. If one question leads to another fruitful topic, go where the Holy Spirit leads you! It's okay not to do every question in the guide the point is to grow closer to God and one another! Page 12 also includes our favorite categories conversation starters.

STEP 1: PREPARE

A simple method to catechize with conversation



What does Sunday morning look like in your house? For so many of us, it sometimes feels like complete chaos! The thought of adding something to do before we make it to Mass can seem daunting. How can we prepare our hearts to meet Jesus when we are barely making it out of the house?

But Jesus doesn't want to make mornings harder for you – He wants to redeem them and orient our hearts towards Him in the midst of everything!

Reading and discussing the Gospel readings before Mass is a simple way to refocus as a family on what you are about to experience at Mass and bring greater peace in your life. If this is new for your family, take it one small step at a time.

You can make it a goal to read the Gospel together and use at least one question from the weekly discussion pages before Mass. If that feels like too much, then read the provided synopsis and re-tell the story in a way that your kids might understand. You could also invite your older kids to read aloud or be responsible for reminding the family when it is time to read the Gospel. By starting small, it's easier to build consistency – and Jesus takes even the smallest gift of self and makes it something beautiful!

Another that Mass dit preparation can happen at any time during the week and in any place that works for your family! For your family this may mean reading the Gospel at dinner together the night before Mass. Or maybe it looks like reading aloud in the car on the way to Mass. It could be something earlier in the week, scheduled for a specific day. When possible, it helps to connect Mass preparation with routines that are already well established in your family and to put it on the calendar.

For example, you can tape the memory verse on the mirror to read while brushing teeth, or keep this guide on the kitchen table with a Bible or Mass journal to read scripture aloud and ask one discussion question before startina homework. Ву connecting the habit of new preparing for Mass with an already established routine, you'll have a much better likelihood of keeping up with it.

Separately from pre-reading and discussing the readings as a family before Mass, it's important prioritize personal prayer time for each parent. When can you dedicate time during the week to read the Mass readings? If you are struggling in your current season to prioritize prayer, we recommend the books A Mother's Rule of Life, by Holly Pierlot, and Searching for and Maintaining Peace by Fr. Jacques Philippe. If you're not sure how to pray, Conversation with Christ, by Peter Rohrbach details St. Teresa Avila's excellent step-by-step method of prayer. Additionally, having a personal Mass journal with the readings, such as the one from Every Sacred Sunday, can be a wonderful resource to help you spend time in scripture.

Finally, here are a few of our favorite logistical tips for the "day of":

- Try to choose outfits the night before for a morning Mass.
- Make sure everyone has eaten well. Bring a snack in the car to prevent "hangry" kids.
- Have everyone go to the bathroom before Mass starts.
- Say a prayer as you walk into Mass
 try the prayer below!
- Keep your "tools" in a handy place
 for example, a faith-based book
 for littles or a Mass journal and
 pen for homily notes.

And please remember - you and your kids are wanted at Mass. Always. The Church needs your family. Thank you for joining in worship!

A Parent's Prayer Before Mass

Lord, prepare my heart to receive you today. Open my heart and ears to hear your word. Send your Holy Spirit to give me patience with my family, and show me how to lead my kids closer to you through the Mass. Amen.

STEP 2: ENGAGE

Our top tips to help engage kids of any age at Mass

One of the best opportunities we have for bringing our children to Jesus is through the Mass. How ironic that the very thing many Catholic parents struggle with the most is one of the most effective avenues for grace in the family! Many people have asked us "How can I get my kids to behave at Mass?", and there is no magic answer. What we do know is that the Mass is still a place for you to belong, and it is still a place where your kids belong! Rather than behavior modification ("sit still and be quiet"), instead seek to engage your kids in what is going on. It might mean accepting that your own experience at Mass will look different, but the reward in the long run is worth it!



Babies -<18 months old

Congrats on your new arrival! If your baby is young enough, you can time your Mass attendance with your baby's nap time. As your little one starts getting mobile and talkative, remember that your baby sounds much louder to you than anyone else around you. You belong in Mass, and so does your little one. Engage your baby by pointing out the stained glass, candles, and Jesus on the cross.

Littles - 18 months to 5 years

Having a toddler at Mass can be one of the most drastic changes in terms of our Mass experience. Rather than behavior modification – "sit still and be quiet" – seek rather to engage them in what is going on. This means accepting that your own experience at Mass will look different. To engage littles, have them count the candles or find Mary. Make a big deal during the transubstantiation, and point out the bread becoming Jesus' body. Remember that Mass is for them too; they just need a little help. And most of all, give yourself a lot of grace!



Elementary - 6 to 11 years

At this age, your child has either received their first Holy Communion or soon will. This is a great age for your child to start learning the Bible, imagining what life would be like in Jesus' time, and memorizing the verse for the week. Help them read along with the readings, follow the music notes in the missal with their finger, or draw a picture of something that stood out to them about the Gospel. This can be a time to get them involved, such as with altar serving or singing in the children's choir.

Middle School - 12 to 14 years

This is a great age to encourage your kids to take ownership in their prayer life! Ask your middle schoolers to lead your family discussion, and give them the responsibility of quizzing the younger kids on the verse to memorize that week. Encourage them to invite friends to Mass, and get them involved with a middle school youth group. At this age they could also start using a Mass journal!

High School - 15 to 18 years

At this age, your kids will have received their Confirmation or soon will. Encourage them to take their initiation into the Church seriously by serving in some way, whether by becoming a reader, an usher or greeter, taking communion to the elderly and homebound, or some other way. Encourage them to join youth group or serve on mission. Invite your high schooler to take a regular Holy Hour to encourage personal prayer and love of the Eucharist.

STEP 3: CONTINUE

After Mass, it's time to continue the conversation!

At the end of Mass, we "Go Forth" into the world – and raising Catholic kids is an action we carry forth into the entire week! If you didn't have a chance to go through the weekly discussion questions before Mass, you can start on the car ride home or at your next meal time. You can also naturally continue the conversation by referencing these three categories of conversation starters: Truth, Beauty, and Goodness.

TRUTH

What is true and builds our knowledge?

Part of being a disciple is building up our minds with knowledge as we journey towards Truth. No matter how much we study and pray, there will always be something new to learn about God! What did you learn about God at Mass? What did you learn about how God has interacted with His people throughout salvation history in the Scriptures? Share this insight with your family.

BEAUTY

What is beautiful and points to Christ?

Cultivating our awareness of beauty can direct us to Christ. Take note of your senses. What beauty did I notice at Mass? This could be something like candle, the music, or the way the person in front of you was praying. Maybe it was a certain word in the readings or worship that caught your attention. How did beauty lead you to experience God?

GOODNESS

What is good and how can we share it?

God is always present in our lives, even when we don't notice it! How have you seen God's goodness moving in your life? Spend time in thanksgiving! The next step is to share goodness God's with others. God speaks to us through the Scriptures, even though they were written long ago. How is God asking you to love those around you better, and how is He calling you to serve Him?

A NOTE FOR PARISHES

A FEW TIPS AND TRICKS

Thank you for investing in your parish families! Here are two potential ways to use this guide in your parish.

Option 1: Provide weekly handouts after Mass

This is a simple way to start using this resource at your parish! Hand out printouts for that day's Mass as parishioners are leaving Mass, or give them to kids in CCE to bring home and use with their family. This way, families who just heard the readings proclaimed are primed to dive into the discussion questions. This method also makes it easy to adjust print volume weekly and introduce this guide over time.

Option 2: Provide the full discussion guide

Another great option is to print off this full guide and bind multiple copies, providing each family with their own copy. Three ring binders or spiral binding at a local print shop can be good options here. A benefit of this is that you invest the time once to print, announce, and distribute this resource. Then each family is able to take owner-ship from there to use before or after Mass, however works for them!

Once you've decided which method works for your parish, don't be shy!

Announce the new resource after Mass, provide handouts of the introduction pages, or even host a kickoff evening, such as "Catechize with Conversation: How to Discuss the Mass Readings as a Family," using the information on pages 4-12.

MEET THE TEAM

We're so happy you're here!

This guide was created with lots of prayer and by combining the expertise of Ablaze Families and Every Sacred Sunday. We hope you love it!

ABLAZE FAMILIES Dedicated to raising saints

We are a nonprofit on a mission to equip and empower parents to lead their kids to Heaven! Our resources include online courses, e-books, and intentional Catholic communities. Come say hi and get connected!



ablaze.us/ablaze-families



everysacredsunday.com

EVERY SACRED SUNDAY Creator of the ESS Mass Journal

Hello from Kassie & Christie, co-founders of Every Sacred Sunday! We were in a Bible study together in 2017 when the Holy Spirit placed the idea on our hearts to publish Mass journals that were beautiful, functional, and 100% Catholic. Thanks for joining us!



P.S. - The following pages can be used again each 3 year cycle. The Every Sacred Sunday Mass journal (pictured above) is a great companion resource which has specific dates for each Sunday, Full Mass readings, and space for notes.

THE FIRST SUNDAY OF ADVENT

Mass readings

Reading 1:

Jeremiah 33:14-16

Responsorial Psalm:

Psalm 25:4-5, 8-9, 10, 14

Reading 2:

1 Thessalonians 3:12-4:2

Gospel:

Luke 21:25-28, 34-36

Gospel in focus

Jesus instructs the disciples to remain vigilant for when He comes again.

"And then they will see the Son of Man coming in a cloud with power and great glory."

Luke 21:27



How do we stay centered on Christ as a family?

What actions in my day allow me to stay close to the Lord?

What can we do this Advent season as a family and as individuals to spend time with the Lord?

THE SECOND SUNDAY OF ADVENT

Mass readings

Reading 1:

Baruch 5:1-9

Responsorial Psalm:

Psalm 126:1-2, 2-3, 4-5, 6

Reading 2:

Philippians 1:4-6, 8-11

Gospel:

Luke 3:1-6

Gospel in focus

John the Baptist proclaims the coming of the Messiah.

"Prepare the way of the Lord, make straight his paths."

Luke 3:4



Who in your life acts as John the Baptist for you and points you back to Christ?

Who have you been a John the Baptist for, either in your words or in actions?

How can we follow the direction of John the Baptist and prepare the way of the Lord in this time of Advent?

THE THIRD SUNDAY OF ADVENT

Mass readings

Reading 1:

Zephaniah 3:14-18a

Responsorial Psalm:

Isaiah 12:2-3, 4, 5-6

Reading 2:

Philippians 4:4-7

Gospel:

Luke 3:10-18

Gospel in focus

John the Baptist teaches the crowds and tells them about the One who is to come.

"I am baptizing you with water, but one mightier than I is coming. I am not worthy to loosen the thongs of his sandals. He will baptize you with the Holy Spirit and fire."

Luke 3:16



How would you describe your Advent season so far?

How are our priorities reflected in our to-do lists and tasks in this busy season of life?

How is God calling you into a deeper relationship with Him in this time of the Church?

THE FOURTH SUNDAY OF ADVENT

Mass readings

Reading 1:

Micah 5:1-4a

Responsorial Psalm:

Psalm 80:2-3, 15-16, 18-19

Reading 2:

Hebrews 10:5-10

Gospel:

Luke 1:39-45

Gospel in focus

Elizabeth greets Mary and is filled with the Holy Spirit.

"And how does this happen to me, that the mother of my Lord should come to me? For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy."

Luke 1:43-44



How do you think this moment impacted Mary?

What qualities does Elizabeth show in this Gospel? Who is an "Elizabeth" in your life? What can you learn from this person?

How does praise or encouragement in our home and family life make a difference?

SOLEMNITY OF THE IMMACULATE CONCEPTION OF THE VIRGIN MARY (Dec. 8)

Mass readings Reading 1: Genesis 3:9-15, 20 Responsorial Psalm: Psalm 98:1, 2-3ab, 3cd-4 Reading 2: Ephesians 1:3-6, 11-12 Gospel: Luke 1:26-38

Gospel in focus

The angel Gabriel visits Mary, who accepts God's plan for her life and becomes the mother of our Lord.

"He will be great and will be called Son of the Most High...he will rule over the house of Jacob forever, and of his Kingdom there will be no end."

Luke 1:32-33



In moments when it is hard to have hope, what can we do?

Who in your life needs to hear a message of hope?

How can we share hope this Advent and Christmas season?

SOLEMNITY OF THE NATIVITY

Mass readings*

Reading 1: Isaiah 62:1-5; Isaiah 9:1-6; Isaiah 62:11-12; Isaiah 52:7-10

Responsorial Psalm: Psalm 89:4-5, 16-17, 27, 29; Psalm 96:1-2, 2-3, 11-12, 13; Psalm 97:1, 6, 11-12; Psalm 98:1, 2-3, 3-4, 5-6

Reading 2: Acts 13:16-17, 22-25; Titus 2:11-14: Titus 3:4-7; Hebrews 1:1-6

Gospel: Matthew 1:1-25 or 1:18-25; Luke 2:1-14; Luke 2:15-20; John 1:1-18 or 1:1-5, 9-14

*Order listed: Vigil; Mass at midnight; Mass at dawn; Mass during the day

Gospel in focus

The angels appear to the shepherds and celebrate the birth of Jesus.

"Do not be afraid; for behold, I proclaim to you good news of great joy that will be for all the people."

Luke 2:10



When was the last time you experienced great joy? What happened?

How is joy different from happiness?

Joy to the world! How can we share joy with others?

FEAST OF THE HOLY FAMILY

Mass readings

Reading 1:

Sirach 3:2-6, 12-14 or

1 Samuel 1:20-22, 24-28

Responsorial Psalm:

Psalm 128:1-2, 3, 4-5 or 84:2-3, 5-6, 9-10

Reading 2:

Colossians 3:12-21 or 1 John 3:1-2, 21-24

Gospel:

Luke 2:41-52

Gospel in focus

After losing Jesus, Mary and Joseph find Him in the temple.

"Why were you looking for me? Did you not know that I must be in my Father's house?"

Luke 2:49



How do you think the Holy Family grew in love for one another after the events in this Gospel passage?

How do Joseph, Mary, and Jesus each have an irreplaceable role in the Holy Family? What does this tell us about our own role in our own holy family?

How does our family teach us about what it means to love one another?

EPIPHANY OF THE LORD

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Reading 1:

Isaiah 60:1-6

Responsorial Psalm:

Psalm 72:1-2, 7-8, 10-11, 12-13

Reading 2:

Ephesians 3:2-3a, 5-6

Gospel:

Matthew 2:1-12

Gospel in focus

The magi visit the baby Jesus to pay Him homage.

"They were overjoyed at seeing the star, and on entering the house they saw the child with Mary his mother."

Matthew 2:10-11



What can we learn about Jesus from the actions of the three wise men?

What "gifts" can we offer Jesus in this Christmas season?

How have we grown closer to Jesus through this past Advent and Christmas season?

BAPTISM OF THE LORD

Mass readings

Reading 1:

Isaiah 40:1-5, 9-11

Responsorial Psalm:

Psalm 104:1b-2, 3-4, 24-25, 27-28, 29-30

Reading 2:

Titus 2:11-14, 3:4-7

Gospel:

Luke 3:15-16, 21-22

Gospel in focus

After John the Baptist baptizes Jesus, God the Father affirms the identity of the Son.

"And a voice came from heaven, 'You are my beloved Son; with you I am well pleased."

Luke 3:22



When you were baptized, you became a beloved child of God. How should we act everyday and treat others as children of God?

Imagine God the Father speaking these words over you. How does it make you feel?

How can we encourage one another in our individual gifts and abilities from God the Father?

SOLEMNITY OF MARY, MOTHER OF GOD (January 1)

Mass readings Reading 1: Numbers 6:22-27 Responsorial Psalm: Psalm 67:2-3, 5, 6, 8 Reading 2: Galatians 4:4-7 Gospel: Luke 2:16-21

Gospel in focus

Mary, Joseph, and the baby Jesus are visited by the shepherds who continue to glorify God.

"And Mary kept all these things, reflecting on them in her heart."

Luke 2:19



How do you think Joseph and Mary responded to the amazement of the shepherds?

Why was it important for Mary to keep all of these things in her heart?

Mary is our Mother. How can we ask Mary to pray for us this week?

ASH WEDNESDAY

Mass readings

Reading 1:

Joel 2:12-18

Responsorial Psalm:

Psalm 51:3-4, 5-6ab, 12-13, 14 and 17

Reading 2:

2 Corinthians 5:20—6:2

Gospel:

Matthew 6:1-6, 16-18

Gospel in focus

Jesus instructs how we are to approach prayer, fasting, and almsgiving.

"And your Father who sees in secret will repay you."

Matthew 6:6



What does Jesus ask us to do (or not do!) when fasting, praying, and giving alms?

Why do you think He instructed His disciples to fast, pray, and give alms in this way?

What is one way we will follow Jesus' teachings this Lent as a family?

THE FIRST SUNDAY OF LENT

Mass readings
Reading 1: Deuteronomy 26:4-10
Responsorial Psalm: Psalm 91:1-2, 10-11, 12-13, 14-15
Reading 2: Romans 10:8-13
Gospel:

Luke 4:1-13

Gospel in focus

While fasting and praying in the desert for 40 days, Jesus was tempted by Satan.

"You shall worship the Lord, your God, and him alone shall you serve."

Luke 4:8



How do you think Jesus felt while fasting in the desert for 40 days?

Why do you think Satan chose this moment to tempt Jesus?

What or who can help us when we are faced with temptation?

THE SECOND SUNDAY OF LENT

Mass readings

Reading 1:

Genesis 15:5-12, 17-18

Responsorial Psalm:

Psalm 27:1, 7-8, 8-9, 13-14

Reading 2:

Philippians 3:17—4:1 or 3:20—4:1

Gospel:

Luke 9:28b-36

Gospel in focus

Peter, James, and John witness the Transfiguration of Jesus as He speaks with Moses and Elijah.

"Then from the cloud came a voice that said, 'This is my chosen Son; listen to him.'"

Luke 9:35



Which moment of the Transfiguration stands out to you the most?

Place yourself on the mountain as one of the three disciples. How would you respond to these incredible events?

Why do you think Jesus asked the three disciples to accompany Him?

THE THIRD SUNDAY OF LENT

Mass readings*

Reading 1:

Exodus 17:3-7; Exodus 3:1-8a, 13-15

Responsorial Psalm:

Psalm 95:1-2, 6-7, 8-9;

Psalm 103:1-2, 3-4, 6-7, 8, 11

Reading 2:

Romans 5:1-2, 5-8;

1 Corinthians 10:1-6, 10-12

Gospel:

John 4:5-42 or 4:5-15, 19b-26, 39a, 40-42;

Luke 13:1-9

*Order Listed: Scrutiny; Otherwise

Gospel in focus

Jesus tells the parable of the fig tree that bears no fruit in order to teach the crowd a lesson.

"I shall cultivate the ground around it and fertilize it; it may bear fruit in the future. If not, you can cut it down."

Luke 13:8-9



What do you think Jesus is wanting to teach the crowd?

What does the fig tree in the parable represent?

What kind of "fruit" do we bear through our thoughts, words, and actions?

THE FOURTH SUNDAY OF LENT

Mass readings*

Reading 1:

1 Samuel 16:1b, 6-7, 10-13a;

Joshua 5:9a, 10-12

Responsorial Psalm:

Psalm 23:1-3a, 3b-4, 5, 6;

Psalm 34:2-3, 4-5, 6-7

Reading 2:

Ephesians 5:8-14; 2 Corinthians 5:17-21

Gospel:

John 9:1-41 or 9:1, 6-9, 13-17, 34-38;

Luke 15:1-3, 11-32

*Order Listed: Scrutiny; Otherwise

Gospel in focus

Jesus tells the story of the Prodigal Son to teach about the Father's mercy and forgiveness.

"This son of mine was dead, and has come to life again; he was lost, and has been found."

Luke 15:24



How did the younger son expect to be treated when he returned home?

When he arrived home, how was the younger son received by the father?

From the way the father in the parable speaks with both of his sons, what can we learn about God's love and mercy?

THE FIFTH SUNDAY OF LENT

Mass readings*

Reading 1:

Ezekiel 37:12-14; Isaiah 43:16-21

Responsorial Psalm:

Psalm 130:1-2, 3-4, 5-6, 7-8;

Psalm 126:1-2, 2-3, 4-5, 6

Reading 2:

Romans 8:8-11; Philippians 3:8-14

Gospel:

John 11:1-45 or 11:3-7, 17, 20-27, 33b-45;

John 8:1-11

*Order Listed: Scrutiny; Otherwise

Gospel in focus

The woman caught in adultery receives mercy from Jesus.

"Jesus said, 'Neither do I condemn you. Go, and from now on do not sin any more."

John 8:11



What does Jesus want to teach the scribes and the Pharisees?

How can I enter into and accept the mercy and forgiveness God offers me?

When others sin against me, how can I show them the love of the Father?

PALM SUNDAY

Mass readings

Procession: Luke 19:28-40

Reading 1: Isaiah 50:4-7

Responsorial Psalm:

Psalm 22:8-9, 17-18, 19-20, 23-24

Reading 2:

Philippians 2:6-11

Gospel:

Luke 22:14—23:56 or 23:1-49

Gospel in focus

Jesus celebrates the Passover with His disciples before His passion and death on the cross.

"Jesus cried out in a loud voice, 'Father, into your hands I commend my spirit'; and when he had said this he breathed his last."

Luke 23:46



Which moment from the Palm Sunday Gospel stands out to you the most? Why?

When it is hard to trust in God's plan, how can we learn from Jesus in today's Gospel?

This is the most solemn time in the liturgical year. How will we enter into the Triduum this week?

SOLEMNITY OF SAINT JOSEPH (March 19)

Mass readings

Reading 1:

2 Samuel 7:4-5a, 12-14a, 16

Responsorial Psalm:

Psalm 89:2-3, 4-5, 27 and 29

Reading 2:

Romans 4:13, 16-18, 22

Gospel:

Matthew 1:16, 18-21, 24a or Luke 2:41-51a

Gospel in focus

Joseph is obedient to the Father and receives Mary into his home after an angel appears to him in a dream.

"She will bear a son and you are to name him Jesus, because he will save his people from their sins."

Matthew 1:21



What are three words you would use to describe St. Joseph based on this Gospel?

What is one way I can follow St. Joseph's example this week?

How can we ask St. Joseph to pray for us and our family?

LENT or EASTER - YEAR c

SOLEMNITY OF THE ANNUNCIATION OF THE LORD

Mass readings Reading 1: Isaiah 7:10-14, 8:10 Responsorial Psalm: Psalm 40:7-8a, 8b-9, 10, 11 Reading 2: Hebrews 10:4-10 Gospel: Luke 1:26-38

Gospel in focus

Mary is visited by the angel Gabriel and responds with her beautiful "fiat."

"Mary said, 'Behold, I am the handmaid of the Lord. May it be done to me according to your word."

Luke 1:38



Mary listened to the angel Gabriel, even when the message was surprising. How do we learn to listen to God in our own lives?

When Mary could have responded out of fear, she instead chose to trust. When we encounter fear, what can help us trust God and His plan for us?

How would you describe Mary to someone that has never read this Gospel?

TRIDUUM - YEAR C

MASS OF THE LORD'S SUPPER, HOLY THURSDAY

Mass readings*

Reading 1:

Isaiah 61:1-3a, 6a, 8b-9;

Exodus 12:1-8, 11-14

Responsorial Psalm:

Psalm 89:21-22, 25, 27;

Psalm 116:12-13, 15-16bc, 17-18

Reading 2:

Revelation 1:5-8; 1 Corinthians 11:23-26

Gospel:

Luke 4:16-21; John 13:1-15

*Order Listed: Chrism Mass: Otherwise

**The Chrism Mass day is moveable by diocese.

Gospel in focus

Before the feast of the Passover begins, Jesus washes the feet of His disciples.

"I have given you a model to follow, so that as I have done for you, you should also do."

John 13:15



How would you have responded to Jesus wanting to wash your feet?

When is it difficult to serve others? When is it easy to serve others?

How will we serve those in our family and community and world, as Jesus calls us to?

GOOD FRIDAY

Mass readings

Reading 1:

Isaiah 52:13—53:12

Responsorial Psalm:

Psalm 31:2, 6, 12-13, 15-16, 17, 25

Reading 2:

Hebrews 4:14-16, 5:7-9

Gospel:

John 18:1-19:42

Gospel in focus

Jesus enters into His passion and is put to death on the cross.

"For this I was born and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice."

John 18:37



What does Jesus mean when he says to "listen to my voice"? What is the difference between listening and hearing?

Today's Gospel passage is one of the longest of the whole year. What part stands out to you in particular? Who do you most relate to?

The last words Jesus said on the cross were "I thirst" and "It is finished". As we end this penitential season, how can we offer up our own suffering or pray for those who are suffering right now?

EASTER.

Mass readings*

Reading 1: Genesis 1:1—2:2 or 1:1, 26-31a;

Acts 10:34a, 37-43

Responsorial Psalm: Various;

Psalm 118:1-2, 16-17, 22-23

Reading 2: Genesis 22:1-18 or 22:1-2, 9a, 10-13,

15-18; Colossians 3:1-4 or 1 Corinthians 5:6b-8

Reading 3: Exodus 14:15—15:1

Reading 4: Isaiah 54:5-14

Reading 5: Isaiah 55:1-11

Reading 6: Baruch 3:9-15, 32-4:4

Reading 7: Ezekiel 36:16-17a, 18-28

Epistle: Romans 6:3-11

Gospel: Luke 24:1-12; John 20:1-9

or Luke 24:1-12 or Luke 24:13-35

*Order Listed: Holy Saturday Easter Vigil; Easter Day

Gospel in focus

After Mary of Magdala discovers the empty tomb, John and Simon Peter quickly go to the tomb and find it is empty.

"For they did not yet understand the Scripture that he had to rise from the dead."

John 20:9



How do you think Mary of Magdala felt when she saw the heavy stone removed from the tomb? Was she confused, excited, hopeful or scared? How would you feel?

What is something in your life that has been surprising to you or not as you expected? How can you trust God in these moments?

How can I make this new liturgical season one of rejoicing?

EASTER TIME - YEAR C

THE SECOND SUNDAY OF EASTER, DIVINE MERCY SUNDAY

Mass readings

Reading 1:

Acts 5:12-16

Responsorial Psalm:

Psalm 118:2-4, 13-15, 22-24

Reading 2:

Revelation 1:9-11a, 12-13, 17-19

Gospel:

John 20:19-31

Gospel in focus

After He rises from the dead, Jesus appears to the disciples and performs many signs before them.

"Jesus came and stood in their midst and said to them, 'Peace be with you."

John 20:19



Who is someone you would describe as peaceful?

What is a time in your life when you felt peaceful? Where is a place that you always feel peace?

What do you find is an obstacle to peace? It is a thing? A habit? How can we make space for Christ's peace to fill our hearts?

THE THIRD SUNDAY OF EASTER

Mass readings

Reading 1:

Acts 5:27-32, 40b-41

Responsorial Psalm:

Psalm 30:2, 4, 5-6, 11-12, 13

Reading 2:

Revelation 5:11-14

Gospel:

John 21:1-19 or 21:1-14

Gospel in focus

Peter and the disciples go fishing and encounter Jesus on the shore, who helps them catch their fill of fish and invites them to eat with Him.

"He said to him, 'Follow me."

John 21:19



Imagine if Jesus came up to you today and asked "Do you love me?" like he asks Peter in today's Gospel. What would you say? What are daily actions that show my love for Jesus?

When was a time when it was hard to recognize Jesus at work in my life?

What does following Jesus look like for me this week? Where can my family help me follow Jesus?

THE FOURTH SUNDAY OF EASTER

Mass readings

Reading 1:

Acts 13:14, 43-52

Responsorial Psalm:

Psalm 100:1-2, 3, 5

Reading 2:

Revelation 7:9, 14b-17

Gospel:

John 10:27-30

Gospel in focus

Jesus reminds us that in following Him, we are His and He gives us eternal life.

"I know them, and they follow me. I give them eternal life, and they shall never perish."

John 10:27-28



When was a time you heard God's voice or felt like God was leading you?

How can we be more open to listening to God's voice or seeing how God is asking us to follow Him?

Who is someone in my life who has answered Jesus' call to follow Him? How can I learn from this person?

THE FIFTH SUNDAY OF EASTER.

Mass readings

Reading 1:

Acts 14:21-27

Responsorial Psalm:

Psalm 145:8-9, 10-11, 12-13

Reading 2:

Revelation 21:1-5a

Gospel:

70hn 13:31-33a, 34-35

Gospel in focus

Jesus gives the disciples a new commandment, to love one another.

"This is how all will know that you are my disciples, if you have love for one another."

John 13:35



When it is hard to love someone, how can we look to Jesus to guide us? Instead of getting frustrated or upset with them, what is the best way to show them love, kindness, or compassion?

What is one way that you feel particularly loved in your family?

What is one way I will show love to someone else this week? Pick a specific person and decide what you will do.

THE SIXTH SUNDAY OF EASTER

Mass readings

Reading 1:

Acts 15:1-2, 22-29

Responsorial Psalm:

Psalm 67:2-3, 5, 6, 8

Reading 2:

Revelation 21:10-14, 22-23;

Revelation 22:12-14, 16-17, 20

Gospel:

70hn 14:23-29; 70hn 17:20-26

Gospel in focus

Before He goes to be with the Father, Jesus tells the disciples about the Holy Spirit who will remain with them and guide them.

"Peace I leave with you; my peace I give to you. Not as the world gives do I give it to you. Do not let your hearts be troubled or afraid."

John 14:27



Saying goodbye can be hard. What is a time you had to say goodbye? How do you think the disciples felt in this Gospel passage?

Jesus says "Do not let your hearts be troubled or afraid." Are there areas of my life that are troubled and I can trust in His peace?

How is Jesus preparing the disciples for what the Father has in store for them?

SOLEMITY OF THE ASCENSION OF THE LORD

Mass readings

Reading 1:

Acts 1:1-11

Responsorial Psalm:

Psalm 47:2-3, 6-7, 8-9

Reading 2:

Ephesians 1:17-23 or

Hebrews 9:24-28, 10:19-23

Gospel:

Luke 24:46-53

Gospel in focus

Jesus instructs the disciples about all that has happened and ascends into Heaven, leaving the disciples filled with joy and praising God.

"Then he led them out as far as Bethany, raised his hands, and blessed them. As he blessed them he parted from them and was taken up to heaven."

Luke 24:50-51



Why do you think the disciples were filled with joy?

When was a time you were overcome with gratitude or joy?

Praising God can take many forms! What are different ways we can praise God this week?

THE SEVENTH SUNDAY OF EASTER

Mass readings

Reading 1:

Acts 7:55-60

Responsorial Psalm:

Psalm 97:1-2, 6-7, 9

Reading 2:

Revelation 22:12-14, 16-17, 20

Gospel:

John 17:20-26

Gospel in focus

Jesus prays to the Father for us, that we would be one and see the glory of God.

"Father, they are your gift to me. I wish that where I am they also may be with me."

John 17:24



What is one of your favorite gifts you have received? How did it make you feel?

What makes a good gift?

God wants only the best for us. How can we invite God into our hopes and dreams for the future?

PENTECOST SUNDAY

Mass readings*

Reading 1:

Genesis 11:1-9 or Exodus 19:3-8a, 16-20b or Ezekiel 37:1-14 or Joel 3:1-5; Acts 2:1-11

Responsorial Psalm:**

Psalm 104:1-2, 24, 35, 27-28, 29, 30; Psalm 33:10-11, 12-13, 14-15; Psalm 104:1, 24, 29-30, 31, 34

Reading 2:

Romans 8:22-27; Exodus 19:3-8a, 16-20b; 1 Corinthians 12:3b-7, 12-13 or Romans 8:8-17

Reading 3: Ezekiel 37:1-14 Reading 4: Joel 3:1-5 Epistle: Romans 8:22-27

Gospel:

John 7:37-39; John 20:19-23 or 14:15-16, 23b-26

*Order Listed: Vigil Mass, Extended Vigil, Mass During the Day ** Additional Psalms available from the USCCB website or Every Sacred Sunday Mass journal

Gospel in focus

Jesus breathes upon the disciples and the Holy Spirit descends upon them.

"Receive the Holy Spirit.
Whose sins you forgive are forgiven them, and whose sins you retain are retained."

John 20:22-23



Why does Jesus give us the gift of the Holy Spirit before He ascends into heaven?

When is a time you had to forgive someone or when someone forgave you? What did this teach you about God's mercy?

How can we invite the Holy Spirit into our daily lives this week?

THE SECOND SUNDAY IN ORDINARY TIME

Reading Isaiah 62		
•	rial Psalm: 11-2, 2-3, 7-8, 9-10	
Reading 1 Corinth	2: ians 12:4-11	

John 2:1-11

Gospel in focus

Jesus turns water into wine at the wedding at Cana.

"His mother said to the servers, 'Do whatever he tells you."

John 2:5



Picture yourself as one of the servers at the wedding. How would you have reacted to Jesus' miracle?

Why do you think Jesus chose this to be His first miracle?

Share a time when you have asked Mary for help.

THE THIRD SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Nehemiah 8:2-4a, 5-6, 8-10

Responsorial Psalm:

Psalm 19:8, 9, 10, 15

Reading 2:

1 Corinthians 12:12-30 or 12:12-14, 27

Gospel:

Luke 1:1-4, 4:14-21

Gospel in focus

Jesus tells the people at the synagogue that He is the One the prophet Isaiah was referring to.

"He said to them, 'Today this Scripture passage is fulfilled in your hearing."

Luke 4:21



Jesus returns to his hometown in this Gospel. How do you think everyone felt when Jesus declared that He is the One referred to in scripture?

Today's Gospel reminds us how important it is to read scripture. How can I spend time in scripture this week?

Jesus claims to release captives and free the oppressed. In what ways does He do this throughout His earthly ministry?

THE FOURTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Jeremiah 1:4-5, 17-19

Responsorial Psalm:

Psalm 71:1-2, 3-4, 5-6, 15-17

Reading 2:

1 Corinthians 12:31—13:13 or 13:4-13

Gospel:

Luke 4:21-30

Gospel in focus

The people of the synagogue drive Jesus out of town when they hear Him say He is the prophet that Isaiah spoke of.

"And he said, 'Amen, I say to you, no prophet is accepted in his own native place.'"

Luke 4:24



Have you ever shared your faith with someone? How did it go? If not, what keeps you from sharing your faith?

Why do you think the people didn't like what Jesus had to say?

Have you ever been frustrated by something Jesus had to say?

THE FIFTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Isaiah 6:1-2a, 3-8

Responsorial Psalm:

Psalm 138:1-2, 2-3, 4-5, 7-8

Reading 2:

1 Corinthians 15:1-11 or 15:3-8, 11

Gospel:

Luke 5:1-11

Gospel in focus

Simon, James, and John become Jesus' disciples after Jesus performs a miracle.

"When they brought their boats to the shore, they left everything and followed him."

Luke 5:11



Has God ever done something unexpected in your life? What happened?

How might Jesus be calling you to follow Him? What might you need to "leave behind" to follow Jesus?

What do you think it feels like to leave "everything"? Try going for a walk this week without bringing anything. What do you notice?

THE SIXTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Feremiah 17:5-8

Responsorial Psalm:

Psalm 1:1-2, 3, 4 and 6

Reading 2:

1 Corinthians 15:12, 16-20

Gospel:

Luke 6:17, 20-26

Gospel in focus

Jesus teaches the Beatitudes.

"Blessed are you who are poor, for the kingdom of God is yours. Blessed are you who are now hungry, for you will be satisfied."

Luke 6:20



When you hear the word "blessed," what comes to mind?

Do you know anyone who lives the Beatitudes well? If so, who?

Which of the Beatitudes do you live out? Which are difficult to live out?

THE SEVENTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

1 Samuel 26:2, 7-9, 12-13, 22-23

Responsorial Psalm:

Psalm 103:1-2, 3-4, 8, 10, 12-13

Reading 2:

1 Corinthians 15:45-49

Gospel:

Luke 6:27-38

Gospel in focus

Jesus teaches His disciples how to treat their enemies.

"To you who hear I say, love your enemies, do good to those who hate you."

Luke 6:27



Today's Gospel says to lend to others and expect nothing back. Does this challenge the way you have behaved with others in the past?

Jesus says to "stop judging and you will not be judged." Have I ever judged others unfairly or harshly? How does it feel when I have been judged myself?

What is the difference between mercy and judgment?

THE EIGHTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Sirach 27:4-7

Responsorial Psalm:

Psalm 92:2-3, 13-14, 15-16

Reading 2:

1 Corinthians 15:54-58

Gospel:

Luke 6:39-45

Gospel in focus

Jesus teaches His disciples about humility in dealing with others.

"A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit."

Luke 6:43



Today's Gospel reminds us to discern our own actions rather than condemning others. Looking at this past week, have I fallen into this habit?

Jesus says "from the fullness of the heart the mouth speaks." What does this mean to you?

How can you treat others in a way that would please Jesus? What "good fruit" do we have to offer others this week?

THE NINTH SUNDAY IN ORDINARY TIME

Reading 1 Kings 8		
Responso Psalm 117	rial Psalm:	
Reading Galatian	2: \$ 1:1-2, 6-10	

Gospel in focus

Jesus heals the centurion's servant.

"Therefore, I did not consider myself worthy to come to you; but say the word and let my servant be healed."

Luke 7:7



Have you ever felt like you were not worthy or qualified enough to do something? What does this Gospel passage teach us?

Today we hear the centurion say important words that we repeat each week at Mass during the consecration. Do you recognize this quote?

This Gospel shows us that Jesus can heal anyone! Do you need healing or is there anyone you can pray for today that needs healing?

THE TENTH SUNDAY IN ORDINARY TIME

Readi 1 King	ng 1: 3 17:17-24	
Respo	ısorial Psalm:	
Psalm	30:2, 4, 5-6, 11, 12, 13	
Readi	ıg 2:	
Galat	ans 1:11-19	

Gospel in focus

Jesus raises a young man from the dead.

"When the Lord saw her, he was moved with pity for her and said to her, 'Do not weep."

Luke 7:13



Why do you think Jesus decided to raise the man from the dead? What does this say about His love for us?

What comforts you when you're sad? How is God calling you to comfort those who mourn?

Share a time when God comforted you.

THE ELEVENTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

2 Samuel 12:7-10, 13

Responsorial Psalm:

Psalm 32:1-2, 5, 7, 11

Reading 2:

Galatians 2:16, 19-21

Gospel:

Luke 7:36—8:3 or 7:36-50

Gospel in focus

A sinful woman anoints Jesus' feet.

"So I tell you, her many sins have been forgiven; hence she has shown great love. But the one to whom little is forgiven, loves little."

Luke 7:47



Have you ever had a hard time forgiving someone?

Love is a natural response to being forgiven – why? What does forgiveness mean to you?

Today's Gospel focuses on forgiveness. Have you been to Confession lately or are you preparing for your first Confession soon? Do you have any questions on it?

THE TWELFTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Zechariah 12:10-11, 13:1

Responsorial Psalm:

Psalm 63:2, 3-4, 5-6, 8-9

Reading 2:

Galatians 3:26-29

Gospel:

Luke 9:18-24

Gospel in focus

Peter proclaims Jesus is the Messiah.

"For whoever wishes to save his life will lose it, but whoever loses his life for my sake will save it."

Luke 9:24



Today's Scripture opens with Jesus praying in solitude. Why do you think He did this?

Jesus tells the disciples to deny themselves and take up their cross. What does Jesus mean by "cross"?

Jesus asks Peter, "Who do you say that I am?" Imagine Jesus asking you this question. What would you say?

THE THIRTEENTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

1 Kings 19:16b, 19-21

Responsorial Psalm:

Psalm 16:1-2, 5, 7-8, 9-10, 11

Reading 2:

Galatians 5:1, 13-18

Gospel:

Luke 9:51-62

Gospel in focus

Jesus tells us we must be willing to leave everything behind to follow Him.

"But he answered him,
'Let the dead bury their
dead. But you, go and
proclaim the kingdom
of God."

Luke 9:60



What does it mean to "proclaim the kingdom of God"? How can we do that with our family, friends, and community?

What is hard about following Jesus?

What is God calling you to leave behind?

THE FOURTEENTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Isaiah 66:10-14c

Responsorial Psalm:

Psalm 66:1-3, 4-5, 6-7, 16, 20

Reading 2:

Galatians 6:14-18

Gospel:

Luke 10:1-12, 17-20

Gospel in focus

Jesus sends out His disciples to preach the Gospel.

"He said to them,
'The harvest is abundant
but the laborers are few;
so ask the master of the
harvest to send out
laborers for his harvest."

Luke 10:2



Jesus sends out His disciples in pairs. Who is someone that helps you in your faith journey? Why do we need others as we walk with Christ?

What keeps you from sharing Jesus with others?

Who is God calling you to share His love with this week?

THE FIFTEENTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Deuteronomy 30:10-14

Responsorial Psalm:

Psalm 69:14, 17, 30-31, 33-34, 36, 37 or 19:8, 9, 10, 11

Reading 2:

Colossians 1:15-20

Gospel:

Luke 10:25-37

Gospel in focus

Jesus tells the parable of the Good Samaritan.

"He answered, 'The one who treated him with mercy.' Jesus said to him, 'Go and do likewise.'"

Luke 10:37



Jesus is called many different names throughout the Gospels. What does it mean when we hear him called "Teacher" today?

The Good Samaritan shows us God's love in action. How can we follow his example in our own lives?

Do I hold tightly to my plans? Am I willing to be inconvenienced to help others? How do I react when things don't go my way?

THE SIXTEENTH SUNDAY IN ORDINARY TIME

Reading 1: Genesis 18:1-	10a	
Responsoria	! Psalm:	
Psalm 15:2-3	, 3-4, 5	
Reading 2:		
Colossians 1.	24-28	
Gospel:		

Gospel in focus

Martha and Mary receive Jesus in their home.

"There is need of only one thing. Mary has chosen the better part and it will not be taken from her."

Luke 10:42



Compare and contrast Martha and Mary's actions in today's Gospel.

Do you relate to one of them more than the other?

What does it mean to sit at the feet of Jesus?

What does "the presence of the Lord" mean to you?

THE SEVENTEENTH SUNDAY IN ORDINARY TIME

Reading 1: Genesis 18:20-32	
Responsorial Psalm: Psalm 138:1-2, 2-3, 6-7, 7-8	
Reading 2: Colossians 2:12-14	

Gospel in focus

Jesus teaches His disciples how to pray.

"And I tell you, ask and you will receive; seek and you will find; knock and the door will be opened to you."

Luke 11:9



What is your favorite way to pray? Why?

Why do you think God wants us to ask Him for what we need, when He already knows what we need?

What do you humbly need from God this week? Pray for it sincerely today while at Mass or throughout the week.

THE EIGHTEENTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Ecclesiastes 1:2; 2:21-23

Responsorial Psalm:

Psalm 90:3-4, 5-6, 12-13, 14 and 17

Reading 2:

Colossians 3:1-5, 9-11

Gospel:

Luke 12:13-21

Gospel in focus

Jesus warns against greed.

"Then he said to the crowd, 'Take care to guard against all greed, for though one may be rich, one's life does not consist of possessions."

Luke 12:15



Today's Gospel reminds us that our earthly possessions can never fulfill us. How can our family guard against greed?

What does it mean to be "rich in what matters to God"?

Why do you think Jesus uses parables to teach us about God and how we should live our lives?

THE NINETEENTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Wisdom 18:6-9

Responsorial Psalm:

Psalm 33:1, 12, 18-19, 20-22

Reading 2:

Hebrews 11:1-2, 8-19 or 11:1-2, 8-12

Gospel:

Luke 12:32-48 or 12:35-40

Gospel in focus

Jesus tells us to be ready at any moment for His return.

"For where your treasure is, there also will your heart be."

Luke 12:34



What do you treasure?

If you knew Jesus were returning tomorrow, how would you live today?

If Jesus returned today, would you be ready?

THE TWENTIETH SUNDAY IN ORDINARY TIME

Readi Jeren	ng 1: niah 38:4-6, 8-1	0	
Respo	nsorial Psalm:		
Psaln	40:2, 3, 4, 18		
Read	ing 2:		
Hebr	2WS 12:1-4		

Gospel in focus

Jesus tells us that we will be divided in following Him.

"I have come to set the earth on fire, and how I wish it were already blazing!"

Luke 12:49



What do you think Jesus meant when He said He came to set the earth on fire?

Would you say you are on fire for Christ? Why or why not?

Do you know and love anyone who does not know Jesus? Who? How can you share the love of Christ with them?

THE TWENTY-FIRST SUNDAY IN ORDINARY TIME

Mass readings Reading 1: Isaiah 66:18-21 Responsorial Psalm: Psalm 117:1, 2 Reading 2: Hebrews 12:5-7, 11-13 Gospel:

Luke 13:22-30

Gospel in focus

Jesus teaches the parable of the "narrow gate" that not all will be saved.

"For behold, some are last who will be first, and some are first who will be last."

Luke 13:30



Jesus uses powerful language to share his message today - how do these words make you feel? Excited, frightened, confused, or convicted?

What does it mean to be "first" or "last" in terms of the Gospel?

What do you think Jesus meant when he talks about the "narrow gate"?

THE TWENTY-SECOND SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Sirach 3:17-18, 20, 28-29

Responsorial Psalm:

Psalm 68:4-5, 6-7, 10-11

Reading 2:

Hebrews 12:18-19, 22-24a

Gospel:

Luke 14:1, 7-14

Gospel in focus

Jesus teaches the importance of humility.

"For every one who exalts himself will be humbled, but the one who humbles himself will be exalted."

Luke 14:11



What does "humility" mean to you?

Do you have anyone in your life who you try to impress? Why?

How is God calling you to be humble this week?

THE TWENTY-THIRD SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Wisdom 9:13-18b

Responsorial Psalm:

Psalm 90:3-4, 5-6, 12-13, 14 and 17

Reading 2:

Philemon 9-10, 12-17

Gospel:

Luke 14:25-33

Gospel in focus

Jesus teaches that we must deny ourselves to follow Him.

"Whoever does not carry his own cross and come after me cannot be my disciple."

Luke 14:27



In this Gospel Jesus tells us we must do many hard things in order to follow Him. What are some of those actions we must take?

Have you ever had to give anything up to follow Jesus? What was it?

What cross is God asking you to carry?

THE TWENTY-FOURTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Exodus 32:7-11, 13-14

Responsorial Psalm:

Psalm 51:3-4, 12-13, 17, 19

Reading 2:

1 Timothy 1:12-17

Gospel:

Luke 15:1-32

Gospel in focus

Fesus tells the Parables of the Lost Sheep, Lost Coin, and Prodigal Son to teach about the joy God has when a sinner repents.

"And when he does find [the lost sheep], he sets it on his shoulders with great joy."

Luke 15:5



Today we see three different parables showing God's love for us and his joy when we turn back to Him. Which parable stands out the most to you? Why?

Have you ever been ashamed to talk to God? Why or why not?

Jesus leaves the 99 sheep to chase after just one! What does this say about how much He loves us?

THE TWENTY-FIFTH SUNDAY IN ORDINARY TIME

Donding 4	
Reading 1: Amos 8:4-7	
Responsorial Psalm: Psalm 113:1-2, 4-6, 7-8	
Reading 2: 1 Timothy 2:1-8	

Luke 16:1-13 or 16:10-13

Gospel in focus

Jesus tells a parable about the dishonest steward.

"If you are not trustworthy with what belongs to another, who will give you what is yours?"

Luke 16:12



Jesus says that we cannot serve two masters. What does he mean by "masters" and why can't we serve more than one?

What does the word "trustworthy" mean to you? How can we show we are trustworthy through our actions this week?

As a family, how can we be wise stewards of what God has given to us?

THE TWENTY-SIXTH SUNDAY IN ORDINARY TIME

Mass readings Reading 1: Amos 6:1a, 4-7 Responsorial Psalm: Psalm 146:7, 8-9, 9-10 Reading 2: 1 Timothy 6:11-16

Gospel:

Luke 16:19-31

Gospel in focus

Jesus tells the story of a rich man who dies and regrets that he had ignored the needs of the poor man Lazarus.

"But Abraham replied,
'They have Moses and
the prophets. Let them
listen to them."

Luke 16:29



Today's Gospel shows that there can be serious consequences of not following God's teachings. Why did the rich man make this mistake?

Why was it hard for him to listen to God?

Has anyone ever treated you poorly like Lazarus was treated? Can you relate to how he might have felt?

What could the rich man in today's Gospel have done differently?

THE TWENTY-SEVENTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Habakkuk 1:2-3; 2:2-4

Responsorial Psalm:

Psalm 95:1-2, 6-7, 8-9

Reading 2:

2 Timothy 1:6-8, 13-14

Gospel:

Luke 17:5-10

Gospel in focus

Jesus tells us we can do much with even just a little bit of faith.

"The Lord replied, 'If you have faith the size of a mustard seed, you would say to this mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you."

Luke 17:6



What do you think of when you hear the word "faith"?

Have you ever seen God answer a prayer? What happened?

What are "little" acts of faith you can make this week?

THE TWENTY-EIGHTH SUNDAY IN ORDINARY TIME

Mass readings Reading 1: 2 Kings 5:14-17 Responsorial Psalm: Psalm 98:1, 2-3, 3-4 Reading 2: 2 Timothy 2:8-13 Gospel: Luke 17:11-19

Gospel in focus

Fesus heals 10 lepers.

"Then he said to him, 'Stand up and go; your faith has saved you.'"

Luke 17:19



Why do you think Jesus healed the lepers?

Ten lepers were cleansed but only one came back to thank Jesus. Why do you think this detail was included in the Gospel today?

There are many types of healing. How can we follow God to be instruments of His healing grace to our family and community?

THE TWENTY-NINTH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Exodus 17:8-13

Responsorial Psalm:

Psalm 121:1-2, 3-4, 5-6, 7-8

Reading 2:

2 Timothy 3:14—4:2

Gospel:

Luke 18:1-8

Gospel in focus

Jesus teaches us to be persistent in prayer.

"Will not God then secure the rights of his chosen ones who call out to him day and night? Will he be slow to answer them?"

Luke 18:7



Have you ever had a prayer that felt unanswered? What happened?

What does "persistence in prayer" mean to you?

Pick an intention to pray for as a family, and pray for it every night.

THE THIRTIETH SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Sirach 35:12-14, 16-18

Responsorial Psalm:

Psalm 34:2-3, 17-18, 19, 23

Reading 2:

2 Timothy 4:6-8, 16-18

Gospel:

Luke 18:9-14

Gospel in focus

Jesus teaches that the Lord hears the cries of humble sinners.

"But the tax collector stood off at a distance and would not even raise his eyes to heaven but beat his breast and prayed, 'O God, be merciful to me a sinner."

Luke 18:13



Have you ever felt "convinced of your own righteousness"?

Tax collectors were often disliked, yet Jesus draws our attention to this man in today's Gospel as an example of humility - why do you think He did this?

Have you ever prayed the Litany of Humility? Consider praying it as a family this week.

THE THIRTY-FIRST SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Wisdom 11:22—12:2

Responsorial Psalm:

Psalm 145:1-2, 8-9, 10-11, 13, 14

Reading 2:

2 Thessalonians 1:11—2:2

Gospel:

Luke 19:1-10

Gospel in focus

Zacchaeus climbs a tree to see Jesus, and Jesus stays at his house.

"For the Son of Man has come to seek and to save what was lost."

Luke 19:10



Zacchaeus makes a great effort to climb a tree and be able to see Jesus! How can we make an effort to always seek out the Lord in our own lives?

How would you react if Jesus told you He was coming to your house?

How is the Lord asking you to prepare your heart for Him?

THE THIRTY-SECOND SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

2 Maccabees 7:1-2, 9-14

Responsorial Psalm:

Psalm 17:1, 5-6, 8, 15

Reading 2:

2 Thessalonians 2:16—3:5

Gospel:

Luke 20:27-38

Gospel in focus

Jesus teaches the Sadducees about the resurrection of the dead.

"And he is not God of the dead, but of the living, for to him all are alive."

Luke 20:38



What do you think heaven is like?

Do you fear death? Why or why not?

As a family, pick a saint that you would like to ask to pray for you.

THE THIRTY-THIRD SUNDAY IN ORDINARY TIME

Mass readings

Reading 1:

Malachi 3:19-20a

Responsorial Psalm:

Psalm 98:5-6, 7-8, 9

Reading 2:

2 Thessalonians 3:7-12

Gospel:

Luke 21:5-19

Gospel in focus

Jesus teaches about coming persecution.

"Remember, you are not to prepare your defense beforehand, for I myself shall give you a wisdom in speaking that all your adversaries will be powerless to resist or refute."

Luke 21:15



In today's Gospel, Jesus reminds us that nothing on earth is a guarantee, rather our faith is ultimately in Him alone! How can we live our days with this reminder?

Who is someone that you think has great wisdom? What can we learn from them?

Has anyone ever challenged your faith? What happened?

SOLEMNITY OF THE MOST HOLY TRINITY

Mass readings Reading 1: Proverbs 8:22-31 Responsorial Psalm: Psalm 8:4-5, 6-7, 8-9 Reading 2: Romans 5:1-5 Gospel: John 16:12-15

Gospel in focus

Jesus shares with His disciples about the relationship between the Father, Son, and Holy Spirit.

"But when he comes, the Spirit of truth, he will guide you to all truth."

John 16:13



As Catholics we believe in the Holy Trinity - Father, Son, and Holy Spirit. How would you explain this to someone who has never heard of it before? How would you describe your relationship with the Holy Spirit? Have you ever tried to call upon the Holy Spirit throughout your day to guide you and protect you?

What questions do you have about the Holy Trinity? How can we find the answers together this week?

SOLEMNITY OF THE BODY AND BLOOD OF CHRIST

Mass readings

Reading 1:

Genesis 14:18-20

Responsorial Psalm:

Psalm 110:1, 2, 3, 4

Reading 2:

1 Corinthians 11:23-26

Gospel:

Luke 9:11b-17

Gospel in focus

Jesus prays over and blesses the five loaves and two fish to feed the five thousand.

"Looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd."

Luke 9:16



Imagine you are tired and hungry in a crowd of people, and Jesus provides a plentiful meal! What is Jesus trying to teach us here?

In today's Gospel, Jesus takes an offering that seems small and magnifies it. What is something small you can offer to God? How might he transform it?

What is an area of your life where you feel "hungry"?

FEAST OF THE PRESENTATION (Feb. 2)

Mass readings Reading 1: Malachi 3:1-4 Responsorial Psalm: Psalm 24:7, 8, 9, 10

Reading 2:

Hebrews 2:14-18

Gospel:

Luke 2:22-40 or 2:22-32

Gospel in focus

Mary and Joseph present Jesus at the temple to Simeon and Anna.

"The child grew and became strong, filled with wisdom; and the favor of God was upon him"

Luke 2:40



In today's Gospel we see that Jesus was destined for great things even as a small child! We also have many great saints who lived out God's will as children. What decisions and actions this week can help lead you towards sainthood?

Mary and Joseph were obedient in bringing Jesus to the temple. What does obedience look like in my life?

How can our family help each other attend Mass regularly and pray together consistently, just as the Holy Family did?

SOLEMNITY OF THE NATIVITY OF JOHN THE BAPTIST (June 24)

Mass readings*

Reading 1:

Jeremiah 1:4-10; Isaiah 49:1-6

Responsorial Psalm:

Psalm 71:1-2, 3-4a, 5-6ab, 15ab and 17;

Psalm 139:1b-3, 13-14ab, 14c-15

Reading 2:

1 Peter 1:8-12; Acts 13:22-26

Gospel:

Luke 1:5-17; Luke 1:57-66, 80

*Order listed: Vigil; Mass during the day

Gospel in focus

An angel appears to Zechariah in the temple to tell him about John and all that John will do for the Lord.

"You will have joy and gladness, and many will rejoice at his birth, for he will be great in the sight of the Lord."

Luke 1:14-15



Zechariah had reason to be troubled or even doubt God's promises, but he continued to serve God. How did God respond to his faithfulness?

What can we learn from Zechariah?

As a child, John the Baptist "grew and became strong in spirit". What does it mean to be strong in spirit? How do you think he did this?

SOLEMNITY OF THE MOST SACRED HEART

Mass readings Reading 1: Ezekiel 34:11-16 Responsorial Psalm: Psalm 23:1-3a, 3b-4, 5, 6 Reading 2: Romans 5:5b-11 Gospel: Luke 15:3-7

Gospel in focus

Jesus uses the Parable of the Lost Sheep to describe His love for us and joy when we return to Him.

"There will be more joy in heaven over one sinner who repents than over ninety-nine righteous people who have no need of repentance."

Luke 15:7



Imagine you lost something you deeply loved and then suddenly found it! How would you react?

Jesus relates the joy at finding a lost sheep to a sinner who repents. What does this tell us about the nature of sin and trying to follow God's will?

Jesus celebrates our steps towards holiness. Help each person in your family think of a "holy step" they took recently and celebrate with them!

SOLEMNITY OF SAINTS PETER AND PAUL (June 29)

Mass readings*

Reading 1:

Acts 3:1-10; Acts 12:1-11

Responsorial Psalm:

Psalm 19:2-3, 4-5;

Psalm 34:2-3, 4-5, 6-7, 8-9

Reading 2:

Galatians 1:11-20; 2 Timothy 4:6-8, 17-18

Gospel:

John 21:15-19; Matthew 16:13-19

*Order Listed: Vigil; Mass during the day

Gospel in focus

After responding that Jesus is the Son of the living God, Peter is told he will be the rock upon which Jesus will build His Church.

"You are Peter, and upon this rock I will build my church, and the gates of the netherworld shall not prevail against it."

Matthew 16:18



How do you think Peter felt when He heard these words from Jesus? Would you have been scared, excited, nervous, or joyful?

What can we learn about the person of Peter through this Gospel passage?

How did Peter and Paul impact the early Church? How do we play a role in the Church today?

FEAST OF THE TRANSFIGURATION (August 6)

Mass readings Daniel 7:9-10, 13-14

Responsorial Psalm:

Psalm 97:1-2, 5-6, 9

Reading 2: 2 Peter 1:16-19

Reading 1:

Gospel: Luke 9:28b-36

Gospel in focus

Jesus is transfigured before Peter, Fames, and John as He talks with Moses and Elijah.

"While he was praying his face changed in appearance and his clothing became dazzling white."

Luke 9:29



Imagine being present at the Transfiguration. What questions would you have for Jesus while walking back down the mountain?

Jesus goes up high on a mountaintop to pray and spend time with His Father. Where do you feel closest to God?

Have you experienced awe or wonder? How can these experiences reveal to us God's glory?

SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY (August 15)

Mass readings*

Reading 1:

1 Chronicles 15:3-4, 15-16, 16:1-2;

Revelation 11:19a, 12:1-6a, 10ab

Responsorial Psalm:

Psalm 132:6-7, 9-10, 13-14;

Psalm 45:10, 11, 12, 16

Reading 2:

1 Corinthians 15:54b-57;

1 Corinthians 15:20-27

Gospel:

Luke 11:27-28; Luke 1:39-56

*Order Listed: Vigil; Mass during the day

Gospel in focus

After Elizabeth greets Mary, Mary rejoices and proclaims her beautiful Magnificat.

"And Mary said: 'My soul proclaims the greatness of the Lord; my spirit rejoices in God my Savior."

Luke 1:46-47



Mary's beautiful words about the Lord's faithfulness are spoken to her dear friend Elizabeth. How can I share my faith with my friends as well?

What can I give praise for today, just as Mary did in the Magnificat?

How can we include praise in our daily routine as a family?

EXALTATION OF THE HOLY CROSS (September 24)

Mass readings

Reading 1:

Numbers 21:4b-9

Responsorial Psalm:

Psalm 78:1bc-2, 34-35, 36-37, 38

Reading 2:

Philippians 2:6-11

Gospel:

John 3:13-17

Gospel in focus

Jesus shares with Nicodemus why He has come and how He will return to the Father.

"For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life."

John 3:16



If you met someone who had never heard of Jesus, how would you explain Jesus and what He has done for them?

Jesus died for every single one of us and His love is for all! What does that mean for those who I do not always agree or get along with?

We each are given the choice to decide whether we believe in Jesus as our Savior. Why is it important that this is a personal decision?

SOLEMNITY OF ALL SAINTS

(November 1)

Mass readings

Reading 1:

Revelation 7:2-4, 9-14

Responsorial Psalm:

Psalm 24:1bc-2, 3-4ab, 5-6

Reading 2:

1 John 3:1-3

Gospel:

Matthew 5:1-12a

Gospel in focus

Jesus teaches the Beatitudes to the crowds.

"Blessed are the clean of heart, for they will see God."

Matthew 5:8



Which of these beatitudes do you see in the lives of the saints you know?

Which of these beatitudes do you see in the lives of your family members?

Which of the beatitudes do you find challenges you the most?

COMMEMORATION OF ALL THE FAITHFUL DEPARTED (ALL SOULS) (November 2)

Reading 1: Wisdom 3:1	-9
Responsori Psalm 23:1-	al Psalm: 3a, 3b-4, 5, 6
Reading 2: Romans 5:5	-11 0r 6:3-9
Gospel: John 6:37-	40

Gospel in focus

Jesus tells that he has been sent to do the will of God the Father..

"For this is the will of my Father, that everyone who sees the Son and believes in him may have eternal life."

John 6:40



Jesus offers each of us "eternal life" - hallelujah! Have you ever thought about what this will be like? How do you imagine it?

Who can we pray for today? Do we have family or friends who have passed away, who we can offer our prayers throughout the week?

Why do we take the time as a Church to pray for those who are departed?

THE DEDICATION OF THE LATERAN BASILICA (November 9)

Mass readings

Reading 1:

Ezekiel 47:1-2, 8-9, 12

Responsorial Psalm:

Psalm 46:2-3, 5-6, 8-9

Reading 2:

1 Corinthians 3:9c-11, 16-17

Gospel:

John 2:13-22

Gospel in focus

Jesus drives the markets out of the temple.

"Take these out of here, and stop making my Father's house a marketplace."

John 2:16



Are there any places in our hearts we need to clean up and make space for the Lord?

What is reverence? How can we be respectful and reverent when we are in the house of the Lord?

How can Jesus help us rebuild if there are "markets" in our lives we need to drive out?

SOLEMNITY OF OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

Mass readings Reading 1: 2 Samuel 5:1-3 Responsorial Psalm: Psalm 122:1-2, 3-4, 4-5 Reading 2: Colossians 1:12-20 Gospel: Luke 23:35-43

Gospel in focus

Before Jesus dies on the cross, He forgives the repentant criminal.

"Then he said, 'Jesus, remember me when you come into your kingdom.' He replied to him, 'Amen, I say to you, today you will be with me in Paradise."

Luke 23:42-43



As Jesus was on the cross "people stood by and watched". How do you think He felt in these moments?

How does Jesus respond to those who mock and torment Him?

Christ is King above all other kings. How does this offer comfort or peace today?

before you go ADDITIONAL RESOURCES



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